

# VSL007BP

Vitality™ Series Selectorized

# Seated Leg Curl



The Vitality™ Series Selectorized Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Selectorized strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality™ Series Leg Curl features a ratcheting adjustable back pad that allows easy alignment of knee to pivot, for sound biomechanics. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.



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### Get Exercising Faster

The start position is easily adjusted while the exerciser is sitting in the unit, allowing them to get moving faster.

### Ensures Proper Alignment

The adjustable seat and back pad allows for proper knee-pivot alignment to reduce sheer force on the knee joint.

### Focus on Comfort

Fixed shin pad and self-aligning ankle pad provide comfort and support for the exercise.

### Helpful Guidance

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.

## Specifications

**Dimensions (L x W x H):** 64 x 45 x 61 in / 163 x 114 x 155 cm

**Equipment Weight:** 457 lb / 208 kg

**Weight Stack:** 170 lb / 78 kg

**Add-on Weight:** 5 lb / 2.5 kg

**Frame and Finish:** Heavy-duty steel tubing is fully welded in all structural areas. Powder coated frame.

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

## Color Options\*

Frame



Black Pearl

Upholstery



Black

\*Colors may vary.

